Elder Care

At The Lab:

- Back-Up Elder Care
- SelectPlus (Years Ahead)
- Tang Center - Elder Care Program
- CARE Services for LBNL Staff

Resources:

- Beating Apathy in Dementia
- Caregiver Guide to Senior Health Issues
- Dementia and Mood
- Department of Aging & Adult Care Services
- Eating Well as You Age
- Family Caregiver Alliance - Webinars
- Get the Facts on Alzheimer’s
- Guide to a Happy Retirement
- Institute on Aging
- Lavender Seniors of the East Bay (LGBT Seniors)
- Living Day to Day with Alzheimer's disease
- Most Common Health Concerns for Seniors
- Self Help for the Elderly
- Senior Recreation Program
- Talking To Your Kids About Your Terminal Illness
- The Well Travel Guide For Alzheimer's Patients and Their Caregivers
- What To Ask Your Doctor