Commuting

At The Lab:

- LBNL Shuttle Bus Routes
- Parking at LBNL

Car:

- Check Traffic
- Zimride - Share rides with Berkeley Lab friends and co-workers
- RIDESHARE - Find carpool or vanpool partners

Public Transportation:

- Alameda - Contra Costa Transit (ACTransit)
- Bay Area Rapid Transit (BART) - Train service throughout the San Francisco metropolitan area
- Capitol Corridor
- Plan a Trip
- San Francisco Municipal Transportation Agency (SFMTA)
- SolTrans (Solano County Transit)
- The County Connection (CCCTA)

Bicycle:

- East Bay Bicycle Coalition - Promoting bicycling as an everyday means of transportation and recreation since 1972
- San Francisco Bicycle Coalition - Promoting the bicycle for everyday transportation
- Biking or running to work? Showers at LBNL:
  Bldg.(Room): 1(0462B), 2 (0100J; 0100K), 6 (2204; 2206), 46 (0143), 48(0105B; 0203A; 0203B) , 50B (3220; 3222), 55 (0102A, 0103A), 64 (0190A; 0190B; 0232B), 67 (1103B; 1105A) 70A (1164), 75 (0119), 76 (0223D; 0223E), 77 (0117A; 0119A; 0162), 80 (0020A), 83 (0104A; 0106A), 84 (0113A; 0117A), 85 (0209), 88 (0245), 100 (0114; 0115), 310 (0333A; 0334A), 400 (0419A; 0450A), 937 (0102), 943 (0213), 962 (9363A), 977 (0298F; 0298J), 978 (4481A; 4487A).