Disability Resources at the Lab / UC

- All Access Employee Resource Group (ERG) at Berkeley Lab
- Accessible Parking Locations at the Lab - Map
- Behavioral Health (Optum)
  - Benefits for Treatment of Autism and Pervasive Developmental Disorders
  - Resources for Disability, Relationships, and Well-Being (Access Code: 11280)
  - Search for Clinician (Therapist, Counselor, or Psychiatrist)
- UCnet Medical Plan
- Benefits Department - Disability Benefits and Medical Leave
- Disability Benefits:
  - Your Guide to UC Disability Benefits
  - Video: Disability Benefits
- Disability Insurance
- Disability search under UCnet
- Diversity & Inclusion Website - Disability
- Partial Disability: Stay at Work/ Return to Work
- Short-Term and Supplemental Disability

Disability Employment Resources

- Building an Inclusive Workforce: Reference guide to recruiting, hiring, and retaining employees with disabilities
- Do Ask, Do Tell: Encouraging employees with disabilities to self-identify
- Effective Hiring Practices for Federal Employers
- Employer Assistance and Resource Network (EARN)
- Job Accommodation Network (JAN)
- National Disability Employment Awareness Month
- Performance Management and Employees with Disabilities

External Resources

Abilities United

Abilities United is a not-for-profit organization for people with developmental (Down Syndrome, mental retardation, autism, and cerebral palsy) and other disabilities, who live in the Bay Area. Abilities United has been accredited by CARF, a national accreditation commission, since 1980. http://www.abilitiesunited.org/
American Association on Health and Disability
http://www.aahd.us/

Americans with Disabilities Act (ADA)
Regulations and policy. Federal agencies with ADA or Section 504 responsibilities and Federal websites with information related to disability rights issues. http://www.ada.gov/

Americans with Disabilities Act (ADA) - Accommodation for Swimming Pools

Benefits for People with Disabilities
http://www.ssa.gov/disability/

California Social Security Disability
This page is for first-time social security disability (SSDI) and supplemental security income (SSI) applicants as well as those needing to reapply or appeal.
https://disabilityapprovalguide.com/states/california_social_security_disability_attorney.html?gclid=CJ_FuZmOhboCFUQ6QgodxhYA8A

California Telephone Access Program
The California Telephone Access Program, now it's easier for everyone to stay connected. We offer free specialized phones that make it easier to hear, easier to dial, and easier to call. Over half a million Californians are already enjoying California Phones. So join the conversation. http://www.californiaphones.org/

Center for Assistive Technology
CforAT supports use of technology to promote independent living for people with disabilities, providing information via an online resource, and engaging in advocacy work to support policies that expand access to technology for people with disabilities, including the many people with disabilities who are low-income. http://www.cforat.org/

Challenger Little League Baseball
The Challenger Division enables boys and girls with physical and mental challenges to enjoy the game of baseball. Teams are set up by abilities rather than age and can have more than 20 players. Challenger games can be played as t-ball, coach pitch, player pitch, or a combination of all three.
http://www.independentnews.com/news/article_b90c0c5a-4c50-11e0-8c8f-001cc4c002e0.html

College Resources for Students with Disabilities
Prospective college students with disabilities will find that many campuses are equipped with offices and services that address accessibility, accommodation, and assistive technology for a diverse range of needs. Student services offices and disability coordinators at many colleges work to make campuses inclusive environments through specialized advocacy, support, and academic services.
http://www.bestcolleges.com/resources/disabled-students/

Convention on the Rights of Persons with Disabilities
The Convention on the Rights of Persons with Disabilities (CRPD) is an international disability treaty that was inspired by U.S. leadership in recognizing the rights of people with disabilities. The CRPD is a vital framework for creating legislation and policies around the world that embrace the rights and dignity of all people with disabilities. The Americans with Disabilities Act (ADA) was the model for the CRPD, which values of independence and respect and concept of reasonable accommodation are echoed throughout the treaty. http://www.usicd.org/index.cfm/crpd

Coping with Disabilities - National Caregivers Library
http://www.caregiverslibrary.org/caregivers-resources/grp-disabilities/coping-with-disabilities-article.aspx
Coping with Sudden Illness or Disability

Department of Labor

Business Strategies that Work: A Framework for Disability Inclusion

Department of Rehabilitation

The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities. http://www.rehab.ca.gov

Depression and Disability

Disabled Students’ Program at UC Berkeley

The Disabled Students’ Program (DSP) is committed to ensuring that all students with disabilities have equal access to educational opportunities at UC Berkeley. We offer a wide range of services for students with disabilities. These services are individually designed, and based on the specific needs of each student as identified by our Disability Specialists. http://dsp.berkeley.edu

Disability Benefits

Disability.gov’s Benefits section provides a broad range of resources about Social Security disability benefits and assistance programs and services for people with disabilities, seniors and their families. In addition, we have developed this guide to connect you to programs, services, and government agencies that provide disability benefits for people with disabilities, including children and Veterans.


Disability.gov

Welcome to Disability.gov, the federal government website for people with disabilities, their families, friends and organizations that serve them. Disability.gov connects you to important information about disability benefits, health care, and housing programs, as well as tools and resources for students making the transition from high school to college or work. You'll also learn about programs in your community that can help you find a job, access transportation and get the services and supports you need to live independently. Let Disability.gov guide you to the information you're looking for! https://www.disability.gov/

Disability and Health

http://www.cdc.gov/ncbddd/disabilityandhealth/people.html

Disability Blog

Disability.Blog, the official blog of Disability.gov, features weekly posts from subject matter experts who answer questions and address important topics for people with disabilities, their families and others. For example, popular guest blogs have discussed job accommodations, emergency preparedness for people with disabilities, restraint and seclusion in schools and older driver safety.

Aligning with the mission of its managing partner, the U.S. Department of Labor’s Office of Disability Employment Policy, Disability.gov uses its blog to provide leadership and to promote full inclusion in the workforce and communities nationwide. Once a month, Disability.gov asks community leaders to answer reader-submitted questions about employment, as part of its Career Connection Series. http://usodep.blogs.govdelivery.com/

Disability Home Accommodation Cost Guide

http://www.homeadvisor.com/cost/disability-accommodation/

Disability Rights Education Defense Fund

The mission of the Disability Rights Education and Defense Fund is to advance the civil and human rights of people with disabilities through legal advocacy, training, education, and public policy and legislative development. http://www.dredf.org/about/

Disability Rights in Housing
Disabled Renters’s Housing Rights

Dynavox Technologies
As the leading provider of speech-generating devices, our mission is to enable individuals of all ages to develop a greater quality of life through communication, self-expression and independence.  http://www.dynavoxtech.com/

Earthquake Preparedness Guide for People with Disabilities and Other Access or Functional Needs
http://earthquakecountry.org/disability/

East Bay Innovations
East Bay Innovations is dedicated to assisting people with disabilities to live in their own homes and to be employed in jobs of their choosing. To achieve this, EBI provides an array of support services and help in accessing and utilizing community resources.  http://www.eastbayinnovations.org/

Easter Seals
Provides exceptional services, education, outreach, and advocacy so that people living with autism and other disabilities can live, learn, work and play in our communities. Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for more than 90 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals. www.easterseals.com

Exceptional Needs Network
ENN is a volunteer organization founded in 2001. We started as a group of parents of special needs kids. We wanted to reach out and help others deal with the tremendous demands we know all too well. ENN provides camp for special needs children. We rely on your support to be able to offer these programs.
http://www.ennetwork.org/enn/Home.html

Face Addiction
https://www.facingaddiction.org/

Faces & Voices of Recovery
Faces & Voices of Recovery is dedicated to organizing and mobilizing the over 23 million Americans in recovery from addiction to alcohol and other drugs, our families, friends and allies into recovery community organizations and networks, to promote the right and resources to recover through advocacy, education and demonstrating the power and proof of long-term recovery.
http://www.facesandvoicesofrecovery.org/

Family Health Guide to Learning Disabilities
https://www.kanetix.ca/family-health-guide-to-learning-disabilities

Fire Safety & Disabilities Guide

Grants for Home Modification: 16 Resources for Homeowners with Disabilities

Guide to Assistive and Accessible Technologies
Assistive technology (AT) “includes any item, piece of equipment or product system, whether acquired commercially, off the shelf, modified or customized, that is used to increase, maintain or improve the functional capacities of people with disabilities.” AT can be low-tech, such as a
magnifying glass, or high-tech, such as computer software. There are many different types of AT and adaptive equipment to help people with disabilities live independently and participate in the classroom, workplace and in their communities.


Guide to Employment
Disability.gov’s Employment section offers a broad range of resources about finding a job. In addition, they have developed this guide to connect you with programs, services, government agencies and organizations that can help you find information about career planning and job training, employment laws and regulations and job accommodations and supports.


Guide for Family Caregivers

Guide to Financial Help for Low-Income Individuals and Families
Disability.gov’s Benefits section provides a broad range of resources to help low-income individuals and families. The December 2013 edition of the “Disability Connection” newsletter has information about “10 Things You Need to Know to Save Money.” In addition, they have developed this guide to connect you to programs, services, government agencies and organizations that can help you find financial assistance in your community.


Guide to Health Information and Resources

Guide to Preventing Addiction for People with Chronic Pain

Hangar Prosthetics
The world’s premier provider of orthotic and prosthetic (O&P) patient care services. For nearly 150 years, Hanger has established and maintained a tradition of excellence attributable to the dedication and clinical expertise of our providers, our steadfast support of research and development, and our unwavering commitment to patient satisfaction. http://www.hanger.com/aboutus/orthopedicgroup/Pages/default.aspx

Housing Assistance
This guide has information about government agencies and organizations that can help you find an affordable place to live. You’ll also find information about rental assistance programs, assisted living facilities and modifying your home to make it accessible.


Housing and Services for Persons with Disabilities
The City of Pleasanton works with various agencies in the Tri-Valley region to coordinate housing and services for persons with disabilities. Specific information on these opportunities is available by directly contacting each applicable agency.

http://www.cityofpleasantonca.gov/community/housing/hsg-disabled.html

How to Stay Physically Active

I Can Do It, You Can Do It!: President’s Council on Fitness, Sports & Nutrition
http://www.fitness.gov/participate-in-programs/i-can-do-it-you-can-do-it/

IDEA—the Individuals with Disabilities Education Act
IDEA was originally enacted by Congress in 1975 to ensure that children with disabilities have the opportunity to receive a free appropriate public
education, just like other children.  [http://nichcy.org/laws/idea](http://nichcy.org/laws/idea)

**In-Home Supportive Services (IHSS)** program is a federal, state, and locally funded program designed to provide assistance to those eligible aged, blind, and disabled individuals who, without this care, would be unable to remain safely in their own homes. IHSS provides services according to the client’s ability to perform daily activities, and can include feeding, bathing, dressing, housekeeping, laundry, shopping, meal preparation and clean up, respiration, bowel & bladder care, moving in and out of bed, rubbing the skin (to prevent skin breakdown), accompaniment to medical appointments, paramedical services, and protective supervision.

[http://www.alamedasocialservices.org/public/services/elders_and_disabled_adults/in_home_Supportive_services.cfm](http://www.alamedasocialservices.org/public/services/elders_and_disabled_adults/in_home_Supportive_services.cfm)

**Integrated Disability and Leave Management Services**

The Integrated Disability and Leave Management Office is a resource to Berkeley Lab employees with respect to the administration of Federal and State Disability Laws and University/DOE policies relating to employee leave and employees with disabilities. More information is available [here](http://www.alamedasocialservices.org/public/services/elders_and_disabled_adults/in_home_Supportive_services.cfm).

**Job Accommodation Network (JAN)**

Multimedia Training Microsite

**Keystone Adult Learning Center**

Keystone Adult Learning Center provides opportunities for developmentally disabled adults to lead meaningful and active lives within the mainstream of the Tri-Valley community. [http://kalc.org/index.html](http://kalc.org/index.html)

**Learning Disabilities Checklists and Worksheets**

[http://www.ncld.org/learning-disabilities-resources/checklists-worksheets](http://www.ncld.org/learning-disabilities-resources/checklists-worksheets)

**Local Doctor Finder: Search by Disability**

[http://www.zocdoc.com/procedures](http://www.zocdoc.com/procedures)

**Medicare and Social Security Disability:**


**National Stroke Association**

National Stroke Association’s mission is to reduce the incidence and impact of stroke by developing compelling education and programs focused on prevention, treatment, rehabilitation and support for all impacted by stroke.

[http://www.stroke.org](http://www.stroke.org)

**Oakland Medical Market**

For seven years, we have been assisting our customers with finding “solutions for a better life.” Both the Better Business Bureau and the Oakland Chamber of Commerce accredit us. In addition to the items on Oaklandmedicalmarket.com, we endeavor to be a one-stop-shop for our customers needs. If you need a prescriptive device for urological or respiratory needs, we are licensed by the California Department of Public Health to serve those needs. [http://www.oakmedmart.com/](http://www.oakmedmart.com/)

**Parents Helping Parents**

PHP increases the quality of life for our most vulnerable by providing services, resources and support for children with special needs, their families, and caregivers. Call 408-727-5775. [http://www.php.com/](http://www.php.com/)

**Preparing for Disaster for People with Disabilities and other Special Needs**
Resources Education Activities Community and Housing for Special Adults of the Tri-Valley

REACH is dedicated to enhancing the quality of life for persons with developmental disabilities in the Tri-Valley. Our mission is to provide resources, education, activities, community participation and housing opportunities that will enable adults with developmental challenges to live full and independent lives.

http://www.trivalleyreach.org/about.php

Regional Center of the East Bay (RCEB) is a private, non-profit corporation providing services and supports to individuals with developmental disabilities under contract with the California Department of Developmental Services. http://www.rceb.org/

Service Dogs

Siblings with Disabilities
http://www.parentcenterhub.org/repository/siblings/

Special Education Local Plan Area (SELPAs)

SELPAs are dedicated to the belief that all students can learn and that special needs students must be guaranteed equal opportunity to become contributing members of society. SELPAs facilitate high quality educational programs and services for special needs students and training for parents and educators. The SELPA collaborates with county agencies and school districts to develop and maintain healthy and enriching environments in which special needs students and families can live and succeed. http://www.trivalleyselpa.org/

Special Olympics

Special Olympics is an international organization dedicated to empowering individuals with intellectual disabilities to become physically fit, productive and respected members of society through sports training and competition. Special Olympics Northern California offers children and adults with intellectual disabilities year-round training and competition in Olympic-type sports at no cost to the athlete. http://www.sonc.org/

Spinlife

From electric wheelchairs to rolling walkers, SpinLife™ has the right product for your needs. We carry all the top brands including Invacare, Sunrise Medical, Quickie, Pride Mobility, Drive Medical, TiLite. http://www.spinlife.com

Social Security

Services through a nationwide network of over 1,400 offices that include regional offices, field offices, card centers, teleservice centers, processing centers, hearing offices, the Appeals Council, and our State and territorial partners, the Disability Determination Services. We also have a presence in U.S. embassies around the globe. http://www.ssa.gov/

Substance Abuse and Mental Health Services Administration

National Recovery Month

The Ultimate Guide to Home Accommodations for Persons with Disabilities

Tips for getting fit if you are disabled

Transforming Youth Recovery
Through this organization, the team supports educators, parents and community members in helping students in recovery thrive in the fullness of everyday life.

http://www.transformingyouthrecovery.org/

Travel Tips (Airline)

**United States Department of Labor**
Disability Resources

**U.S. Office Of Personnel Management**
Disability Employment

**Veterans Toolkit for Employers**

**World Institute on Disability**
The mission of the World Institute on Disability (WID) in communities and nations worldwide is to eliminate barriers to full social integration and increase employment, economic security and health care for persons with disabilities. WID creates innovative programs and tools; conducts research, training, public education and advocacy campaigns; and provides technical assistance. [http://wid.org/about-wid](http://wid.org/about-wid)

**WrightsLaw**

**Young People In Recovery**
Young People in Recovery (YPR) is a national grassroots advocacy organization focused on creating recovery-ready communities throughout the nation for young people in, or seeking, recovery. YPR aims to improve access to treatment, educational resources, employment opportunities, and secure, quality housing on the local, state, and national levels. By creating a national network of young people in recovery, we empower young people to get involved in their communities by providing them with the tools and support to take charge of their futures.