Pregnancy and Work Exposures

**Brief**

<table>
<thead>
<tr>
<th>Title:</th>
<th>Pregnancy and Work Exposures</th>
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<tbody>
<tr>
<td>Publication date:</td>
<td>8/8/2013</td>
</tr>
<tr>
<td>Effective date:</td>
<td>11/25/2008</td>
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**BRIEF**

**Policy Summary**

The Pregnancy and Work Exposures policy at Berkeley Lab is used to assess and control workplace exposures for declared pregnant workers (DPWs), including:

- Radiation exposure
- Chemical exposure
- Physical hazards

**Who Should Read This Policy**

All Laboratory employees who could become pregnant

**To Read the Full Policy, Go To:**

The POLICY tab on this wiki page

**To Read the ES&H Program Details, Go To:**

- [http://www.lbl.gov/ehs/pub3000/CH03.html#_Toc407014435](http://www.lbl.gov/ehs/pub3000/CH03.html#_Toc407014435)

**Contact Information**

For assistance or information on research-related immunizations, contact:

Laboratory Medical Director  
Pedro Estacio, MD  
(510) 486-7589  
PLEstacio@lbl.gov

or

Health Services Program Manager  
Sue Broadway  
(510) 486-6266  
scbroadway@lbl.gov

**Policy**
POLICY

A. Purpose

The Pregnancy and Work Exposures policy at Lawrence Berkeley National Laboratory (Berkeley Lab) is used to assess and control workplace exposures for declared pregnant workers (DPWs), including:

- Radiation exposure
- Chemical exposure
- Physical hazards

B. Persons Affected

All Laboratory employees who could become pregnant

C. Exceptions

None

D. Policy Statement

1. Disclosure of pregnancy is voluntary.
2. When a Berkeley Lab employee self-discloses a pregnancy to the Laboratory's Health Services, that employee is asked to complete and submit a Declared Pregnant Worker Form.
3. A health professional will discuss with the pregnant employee her work environment and determine whether any changes are required to protect the employee and her baby. See PUB-3000, Section 21.9.4, Declared Pregnant Radiation Workers, in Chapter 21, Radiation Safety.
4. Health Services will coordinate with an industrial hygienist, radiation professionals, or other health and safety subject matter experts to identify, assess, and control exposures in the employee's work environment.

E. Roles and Responsibilities

<table>
<thead>
<tr>
<th>Role</th>
<th>Responsibility</th>
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</table>
| Berkeley Lab Health Services      | • Maintains the DPW process  
• Coordinates with EH&S subject matter experts on DPW job assessment(s) |
| Declared Pregnant Workers         | • Contact Berkeley Lab Health Services when willing to disclose pregnancy  
• Complete DPW Form as requested by Health Services  
• Provide information about job tasks to EH&S professional conducting the exposure assessment  
• Follow all controls provided by EH&S for exposure control |
| Berkeley Lab EH&S Subject Matter Expert(s) | • Identify exposure potentials for DPWs  
• Assess level of potential hazards for DPWs  
• Determine control measures  
• Track implementation and effectiveness of control measures |
F. Definitions/Acronyms

See PUB-3000, Chapter 3, for technical terms related to the details of this policy and its implementation.

<table>
<thead>
<tr>
<th>Term</th>
<th>Definition</th>
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<tbody>
<tr>
<td>DPW</td>
<td>Declared pregnant worker</td>
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G. Recordkeeping Requirements

Health Services – Declared Pregnant Work forms

H. Implementing Documents

<table>
<thead>
<tr>
<th>Document Number</th>
<th>PUB-3000 Reference</th>
<th>Title</th>
<th>Type</th>
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<tbody>
<tr>
<td>07.05.003.001</td>
<td>Chapter 3, Section 3.14</td>
<td>Pregnancy</td>
<td>Procedure</td>
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<tr>
<td>07.05.003.002</td>
<td>Chapter 21, Section 21.9.4</td>
<td>Declared Pregnant Radiation Workers</td>
<td>Procedure</td>
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<td>07.07.005.001</td>
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I. Contact Information

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J. Revision History

<table>
<thead>
<tr>
<th>Date</th>
<th>Revision</th>
<th>By whom</th>
<th>Revision Description</th>
<th>Section(s) affected</th>
<th>Change Type</th>
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<tbody>
<tr>
<td>8/8/2013</td>
<td>1.1</td>
<td>P. Lichty</td>
<td>Review completed 7/24/13; one editorial change; update next review date</td>
<td>Brief-Summary</td>
<td>Minor</td>
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<tr>
<td>1/2/2012</td>
<td>1</td>
<td>P. Lichty</td>
<td>Rewrite for RPM</td>
<td>All</td>
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Document Information

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Effective date: 11/25/2008
Next review date: 7/24/2016
Policy Area: Health Services Programs

RPM Section (home) ESH
RPM Section (cross-reference) none
Functional Division EH&S
Prior reference information (optional)

Source Requirements Documents
10 CFR 835, *Occupational Radiation Protection*

Implementing Documents

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