Postdoctoral Resources

Berkeley Lab understands the postdoctoral experience in a research environment is unique. We are committed to the growth and development of early career researchers in pursuit of becoming next generation scientists and engineers.

Resources for Postdoctoral Scholars

Postdoctoral Scholar Resources-Outside Berkeley Lab

National Postdoc Association

At Berkeley Lab, we hold a sustaining membership allowing our Postdoctoral Scholars a free Affiliate Membership. This membership allows you access to resources such as the NPA Core Competencies, myPostdoc Monthly webinars, important information on mentoring plans, and be part of a nationwide network of postdocs.

Signing up is simple. Click on this link and follow the registration process. Once you click “Submit” the NPA Membership Manager will review your Affiliate membership within five working days, and you will receive an email when it has been approved. Please contact Meg Rodriguez mmrodriguez@lbl.gov for any questions.

Postdoctoral Scholar Events

Please join us at our next Postdoc Orientation on Thursday, October 5th, at the Pers Hall 54-130.

Please join us as we celebrate National Postdoc Appreciation week September 18-22. We will be sending out more information on the events that will take place that week.

NEW WORKSHOP SERIES: Job Hunting in Industry
This series will be offered in three different sessions. Each workshop will take you through the essential steps in job hunting for your career in Industry. It is recommended that you attend the full series to gain the most value. However, you may attend each course individually. Workshops will be held on September 14 and September 21 in Building 66 Auditorium. Please visit employee self-service to register.

Please see our Calendar for a full list of Postdoc Events.

Postdoctoral Scholar Benefits

We had a meeting on 8/29/17 to discuss upcoming changes for Postdocs hired prior to 1/1/17. If you were unable to attend, our meeting was recorded and is available for viewing at: https://video.lbl.gov/1/Watch/905.aspx

Other resources from this meeting include the PowerPoint presentation and Transition Guide.

For Postdocs hired after 1/1/17 you may review our Postdoc Benefits presentation. You may also visit Garnett-Powers website for more detailed information.

Other available benefits:

- Back-Up Dependent Care

Annual Performance Review Process – Postdoctoral Scholar Resources

- Annual Performance Review Process form
Career Development

- Workshop for Introduction to C.A.R.E.E.R. Development Planning for Postdoctoral Scholars
- Workbook for Introduction to C.A.R.E.E.R. Development Planning and Individual Development Plan
  - Individual Development Plan (Form Only)
- Berkeley Lab Learning Institute website, Postdoctoral Scholars Page
- Berkeley Lab Careers Page - See Berkeley Lab's Careers Page for the most up to date listing of open positions

Meet a Postdoc Video Series

Postdoctoral scholars are the lifeblood of any research institution. Too often, though, they work in relative anonymity before heading off to their own scientific careers across the country and around the world. The "Meet a Postdoc" video series turns some much-needed light on this important segment of Berkeley Lab's population and offers a chance to learn more about them as individuals while they are in our midst. Go here to view the videos.